

| S. No. | Dept/Batch | In Take Date | Ref By                 | Reported Complaints   | Diagnosis  | Status                            | Reason of status                  |
|--------|------------|--------------|------------------------|---|--|-----------------------------------|-----------------------------------|
| 14.    | CEN/20     | 12/1/2022    | Department coordinator | Confused, isolated, under confident, from an under developed area of Sindh  | adjustment issues  | Case Closed                       | Withdrawn                         |
| 15.    | CS/20      | 12/1/2022    | Department coordinator | anxiety, low energy level, poor self care, lazy   | low mood but not clinical depression   | Follow Up                         | visible improvement               |
| 16.    | CS/20      | 2/8/2022     | DSL                    | theft/integrity   | weak impulse control   | Follow Up                         | improved behavior                 |
| 17.    | CE/20      | 2/21/2022    | brother                | hopelessness, disturbed sleep, low energy, shabby look, lack of self care, sadness  | under treatment from psychiatrist for depression                             | Case Closed                       | Private treatment                 |
| 18.    | NSDD       | 2/24/2022    | self                   | depression, was taking anti-depressants, adjustment issues in the family due to mother's death and father's 2nd marriage                  | depression   | Case Closed                       | Course Completed                  |
| 19.    | EE/21      | 2/25/2022    | DSL                    | panic attack, anxiety, unrealistically high self-image  | Clinical Psychologist at FFH was arranged for the student for better results | Case Closed                       | Withdrawn                         |
| 20.    | CE/19      | 2/25/2022    | self                   | fee defaulter, casual approach  | weak in self-management  | Case Closed                       | Course Completed                  |
| 21.    | NSDD       | 2/20/2022    | faculty                | headache, history of drug intake (once), bad company, domestic pressures  | anxiety, weak anger management   | Case Closed                       | Course Completed                  |
| 22.    | CS/20      | 2/10/2022    | self                   | severe adjustment issues, aggression, pressure of family expectations, limited aptitude for CS, wants to study arts hence weak in studies | adjustment issues  | Follow Up                         |                                   |
| 23.    | NSDD       | 3/7/2022     | Principal VSS          | humble background, financial constraints, pessimistic, frustrated, allergies to certain foods,  | negative thought pattern, stress, over-ambitious                             | Case Closed                       | Course Completed                  |
| 24.    | NSDD       | 3/17/2022    | Principal VSS          | memory and concentration problems, inadequacy feelings, pessimism, dizziness  | depression   | Case Closed                       | Course Completed                  |
| 25.    | ME/20      | 3/15/2022    | Principal VSS          | tension, feeling panic  | low stress tolerance   | Case Closed                       | Course Completed                  |
| 26.    | NSDD       | 3/15/2022    | Principal VSS          | temperamental, anger and adjustment related problems, denial, poor reality contact  | adjustment issues and low stress tolerance                                   | Case Closed                       | Course Completed                  |
| 27.    | NSDD       | 3/16/2022    | Principal VSS          | conflicting parenting demands regarding marriage, inability to cope conflict and frustrated   | weak social skills, assertiveness, and conflict management                   | Case Closed                       | Course Completed                  |
| 28.    | NSDD       | 3/16/2022    | Principal VSS          | crying spells, sensitivity, inability to cope with pressures of joint family  | low stress tolerance, weak social skills                                     | Case Closed                       | Course Completed                  |
| 29.    | NSDD       | 3/16/2022    | Principal VSS          | speech problems   | speech disorder  | Case Closed                       | Course Completed                  |
| 30.    | NSDD       | 3/17/2022    | Principal VSS          | tension, sensitivity, crying spells, low self esteem  | domestic issues, mother's psychological problems                             | Case Closed                       | Course Completed                  |
| 31.    | CE/20      | 3/31/2022    | self                   | imposing nature, relationship issues with gf, classroom adjustment issues   | demanding and critical nature  | Follow Up                         |                                   |
| 32.    | NSDD       | 5/29/2022    | Instructor NSDD        | walks out from class, ill-disciplined, weak grooming and mannerism  | weak self control and needs personality grooming                             | Case Closed                       | Course Completed                  |
| 33.    | NSDD       | 4/18/2022    | self                   | interpersonal issues, conflict with others, considering others as competitors   | cognitive distortions, demanding individual and adjustment issues            | Case Closed                       | Course Completed                  |
| 34.    | NSDD       | 4/19/2022    | self                   | stress, sensitive, lack of confidence, anger, self harm   | low stress tolerance and deliberate self harm                                | Case Closed                       | Course Completed, referred to FFH |
| 35.    | CEN/21     | 4/20/2022    | self                   | interpersonal problems, break-up with a friend, needs catharsis   | dependent personality, faulty attachment patterns                            | Follow Up                         |                                   |
| 36.    | NSDD       | 4/26/2022    | self                   | feelings of inferiority, stressed, overwhelmed, short-tempered father, overly concerned about others expectations                         | low self esteem  | Case Closed                       | Course Completed                  |
| 37.    | NSDD       | 4/26/2022    | self                   | confused about marriage proposal, indecisive, under confident   | weak decision making skills  | Case Closed                       | Course Completed                  |
| 38.    | NSDD       | 4/26/2022    | self                   | quarrels, anger, guilt  | impulsive  | Case Closed                       | Course Completed                  |
| 39.    | NSDD       | 5/1/2022     | Principal VSS          | crying spells, immature, oversensitive, unclear interpersonal boundaries, overly influenced by friends suggestions in her married life    | adjustment issues and marital conflicts                                      | Case Closed                       | Course Completed                  |
| 40.    | NSDD       | 5/9/2022     | self                   | career choice, marriage proposals   | guidance   | Case Closed                       | Course Completed                  |
| 41.    | CEN/21     | 5/16/2022    | AD Hostels             | needed counselling to adhere to the rules   | discipline   | Follow Up                         |                                   |
| 42.    | ME/20      | 6/8/2022     | MD                     | fast heartbeat, tension and worry   | anxiety  | Follow Up                         |                                   |
| 43.    | NSDD       | 6/24/2022    | self                   | worried about her child's academic performance  | guidance on child-rearing  | Case Closed                       | Course Completed                  |
| 44.    | NSDD       | 6/28/2022    | Principal VSS          | tense, friend's death, diet absorption issues   | stress management  | Case Closed                       | Course Completed                  |
| 45.    | CS/19      | 7/15/2022    | Col Awais              | weak academics, poor self management, lack of focus   | self-management, goal setting, motivation                                    | Case Closed                       | Course Completed                  |
| 46.    | CE/18      | 8/5/2022     | self                   | parental conflicts, declining academic performance  | anxiety and stress   | Case Closed                       | Graduated                         |
| 47.    | AI/22      | 11/16/2023   | self                   | crying spells, grief, overwhelmed   | break up   | Case Closed                       | Withdrawn                         |
| 48.    | NSDD       | 11/29/2022   | Principal VSS          | seizures, low BP, unconsciousness, biting hands, muscular spasms  | FND with auditory hallucinations   | Under treatment from Psychiatrist | Course Completed                  |
| 48.    | NSDD       | 11/19/2022   | self                   | frequent headaches, body pain, anxious, tense, friend's death triggered current psychosomatic complaints                                  | bereavement period, low stress tolerance                                     | Case Closed                       | Course Completed                  |
| 49.    | NSDD       | 11/30/2022   | self                   | memory issues, anger, stress, divorced  | stress management  | Case Closed                       | Course Completed                  |
| 50.    | EE/21      | 12/21/2022   | self                   | Stammering, anxiety and stress  | Stammering   | Case Closed                       | Withdrawn                         |